

Prayer to Saint Michael Archangel

In response to the scandals that struck the Church, the Canadian Conference of Catholic Bishops (CCCC) is taking action to alleviate this problem. Our bishop, Mgr McCaig, writes in his introduction: "I take seriously the responsibility to 'be a shepherd of the Church of God Acts 3, 28)' especially since it appears that 'savage wolves have come among us that will not spare the flock (Acts 20, 29)'. The leaders of the Church have been working for a while now in putting in place policies to prevent any more abuse of any kind. But we also have a part to play. In his letter, our bishop says that; "A motion was passed that strongly encouraged each diocese to heed the recent request of Pope Francis to combat evil in our midst by promoting the "St. Michael the Archangel Prayer'. This is all the more fitting in our military context as it admirably reflects the kind of genuine 'warrior spirituality' so sought by our subjects". We are now called to say the prayer right after mass, after I bowed at the altar.

Therefore, I need a favour from you all. Changing habits is never easy. REMIND ME that we need to do the prayer. You will find a copy in your pews.
Thank you for your help and support.

Quotes from Jean Vanier:

"But let us not put our sights too high. We do not have to be saviours of the world! We are simply human beings, enfolded in weakness and in hope, called together to change our world one heart at a time."



Our Lady of the Sacred Heart Chapel (Comox)

10th February 2019

Fifth Sunday of the Time of the Church



Sunday Mass: 1030 hours

Weekday Masses

Weekly mass are celebrated on Tuesdays and Thursdays at 1100.

Next Week's Readings:

Jeremiah, chap. 17, vs 5 – 8.

1 Corinthians, chap. 15, vs 12 – 20.

Luke, chap. 6 vs 17 – 26.

This week's mass Schedule

Tuesday: Regular Mass.

Thursday: Regular Mass.

Community Timeline

- TODAY: Sacrament of the Sick.
- 17 February: Potluck Love fest (Valentine theme)
- 24 February: Course on the Eucharist with Bishop Robert Barron Part 2.
- Upcoming Movie Matinee: The Prince of Egypt.

More to come.

CWL Reminders

2019 Memberships: \$25.00 are now due. New members are welcome.

BAKE SALE: TODAY right after mass. Your donations are gratefully appreciated.

All proceeds go to charity.

Sacrament of the Sick

As a few people already know, the 11 February is the World Day of the Sick. If you remember last year, it happened to be a Sunday and we celebrated the sacrament with the sick of our community. We will do the same this week, 10 February, as we will pray for the sick of our community and give the sacrament to our brothers and sisters who would like to receive it. If, for some reason, you know of someone who couldn't be here today but could benefit from the sacrament, there will be a special celebration at Christ the King at 1100 tomorrow (11 February).

Here is what the *Catechism of the Catholic Church* says about the Sacrament:

“**1499** "By the sacred anointing of the sick and the prayer of the priests the whole Church commends those who are ill to the suffering and glorified Lord, that he may raise them up and save them. And indeed she exhorts them to contribute to the good of the People of God by freely uniting themselves to the Passion and death of Christ.”“

1514 The Anointing of the Sick "is not a sacrament for those only who are at the point of death. Hence, as soon as anyone of the faithful begins to be in danger of death from sickness or old age, the fitting time for him to receive this sacrament has certainly already arrived."

“**1515** If a sick person who received this anointing recovers his health, he can in the case of another grave illness receive this sacrament again. If during the same illness the person's condition becomes more serious, the sacrament may be repeated. It is fitting to receive the Anointing of the Sick just prior to a serious operation. The same holds for the elderly whose frailty becomes more pronounced.”

“**1517** Like all the sacraments the Anointing of the Sick is a liturgical and communal celebration, whether it takes place in the family home, a hospital or church, for a single sick person or a whole group of sick persons. It is very fitting to celebrate it within the Eucharist, the memorial of the Lord's Passover. If circumstances suggest it, the celebration of the sacrament can be preceded by the sacrament of Penance and followed by the sacrament of the Eucharist.

Prayer of the Month

O Mary, Mother of the living,

to you do we entrust the cause of life.

Look down, O Mother,

upon the vast numbers of babies not allowed to be born,

of the poor whose lives are made difficult,

of the men and women and children today

who are victims of threats and abuse, of slavery and violence.

Grant that all who believe in your Son may proclaim the Gospel of life with honesty and love to the people of our time.

Help us to stand up, like Jesus, for the weak and oppressed.

Pray that we may receive the Gospel with joy and gratitude throughout our lives.

May your Son give us the courage to bear witness to him resolutely,

in order to build, together with all people of good will,

the civilization of truth and love,

to the praise and glory of God, the Creator and lover of life.

[adapted from *Evangelium Vitae*, #105, St. John Paul II, 1991

- (Guest author)